

The Armour of God

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If God be for us, who can be against us ? [Romans 8:31](#). In our meeting this month we consider the Armour of God.

SCRIPTURE VERSES

[Ephesians 6:10-18](#)

¹⁰ Finally, my brethren, be strong in the Lord, and in the power of his might.

¹¹ Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.

¹² For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

¹³ Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.

¹⁴ Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;

¹⁵ And your feet shod with the preparation of the gospel of peace;

¹⁶ Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.

¹⁷ And take the helmet of salvation, and the sword of the Spirit, which is the word of God:

¹⁸ Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

Paul also makes mention of items of armour at our disposal in his letter to the Thessalonians.

[1 Thessalonians 5:8](#)

⁸ But let us, who are of the day, be sober, putting on the breastplate of faith and love; and for an helmet, the hope of salvation.

Even in the Old Testament we find reference to this protective armour in Isaiah [Isaiah 59:15-17](#)

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DISCUSSION THOUGHTS:

- Paul's first point is that we are at war [Ephesians 6:12](#).
 - What does that mean ? What kind of war are we involved in ?
 - Why do we need armour ? What are we fighting for/against ? [Mark 12:30](#)
 - Why should we be involved ? [Hebrews 11:6](#) , [Matthew 28:19](#) , [2 Peter 3:9](#)
- But war comes at a cost
 - What does Jesus teach us ? [Luke 41:31-33](#)
 - Have we counted the cost ? are we prepared to pay the price ?

It is thought that at the time of writing to the Ephesians Paul was under house arrest in Rome and used a Roman soldier's attire as a metaphor for teaching what God has provided for us.

- The Belt of Truth
 - Secures all the other pieces of armour (Matthew Henry) [John 14:6](#)
- The Breastplate of Righteousness
 - Protection for the heart [Matthew 15:18](#) Not our righteousness but Christ's. [Isaiah 64:6](#) , [2 Corinthians 5:21](#)
- Feet Shod with the preparation of the gospel of peace
 - Standing on firm ground, not slipping [Matthew 7:24-27](#), having peace with God [Romans 5:1](#) and the peace of God [John 14:27](#)
- The Shield of Faith
 - Assurance [Hebrews 11:1](#) The first line of defence a shield deflects incoming blows.
- The Helmet of Salvation
 - Protection from assaults on our minds [Romans 8:16](#) , [Romans 8:38-39](#)
- The Sword of the Spirit
 - The word of God [Matthew 4:4](#) , [2 Timothy 3:16](#)
 - Note: Jesus used the word of God in defence against Satan. Refer to our fellowship meeting discussion on 22 March 2017 - In the Wilderness.
- Summary
 - The armour of God is mainly defensive.
 - It covers our whole body.
- Will this war end ? When ? What will be the outcome ? [Micah 4:1-3](#)